



Boots N' All 2020 - June Update



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 11	Breona Tier	Explore the high alpine plateau north-west of Great Lake. Expansive views, and hopefully wild flowers in bloom.	Medium BES	Basil Tkaczuk 6331 1155
Jan 25 <i>L. Weekend</i>	Hardings Falls	A leisurely exploration of the headwaters of the Swan River south of Fingal. (with SU family camp walkers)	Easy-Medium	Brian Roach 6344 7672
Feb 8	Lady Lake ***camping	An evening climb to the beautiful plateau for a night at Lady Lake Hut. This one is for women and girls!	Medium (overnight) EMS	Miranda Gracie 0458 175 703
Feb 22	Solitary Hut at Tiger Lake	Explore the alpine lakes and wilderness, and visit one man's hideaway in the Walls of Jerusalem	Medium DLSM	Chris Langerak 0409 808 152
Feb 28	Cradle Mt. **Bush N' Biscuits SU youth focus camp	After an hour's back packing, settle in to camp at the scout hut to explore the delights of Cradle Mountain and valley. Note: limited spaces Click here to register	Easy-Medium DEMS	Tom Young 0407 004 245
Mar 7-8 <i>L. weekend **</i>	Lake Explorer - Blue Peaks Circuit	Camping trip to explore the area around Lake Explorer, Blue Peaks, Forty Lakes Peak and Little Throne. (partly off-track)	Medium overnight) BCELMs	Nik Sands 0429 387 777
Mar 7	Hartz Peak	Come explore what the south has to offer with the great views and breath-taking alpine scenery.	Medium SME	Daniel Hutchison 0457 765 907
Mar 21	Jack's Lagoon circuit	A circuit near Lake Mackenzie. Explore the many lakes and valleys in this area near Fisher Bluff.	Medium DE	Phil Andrew 0408 014757 or 6300 1067
Apr 4	Lobster Creek and Nells Bluff	Moved to 22 nd August due to pandemic restrictions		
April 11	Easter Saturday	School term break is 13-28 April		
Apr 25	Grail Falls Fagus Time	Cancelled due to pandemic restrictions		
May 9	Bastion Cascades	Cancelled due to pandemic restrictions		
May 23	Evercreech Res. / Mathinna Falls	Cancelled due to pandemic restrictions		
June 6 <i>L. Weekend</i>	No walk	Cancelled due to pandemic restrictions		
June 13	Montague Thumbs Circuit	A tough but rewarding walk - great views of Hobart and Huon area - Wellington Falls on the way home. (from Betts Road, Longley, via Cathedral Rock)	Hard BELS	Daniel Hutchison 0457 765 907
June 20	West Wall (Walls of Jerusalem)	A brisk and icy winter visit to magnificent Solomon's Throne, the eastern prominence of the West Wall - Walls of Jerusalem.	Medium - Hard DSLME	Chris Langerak 0409 808 152
		School term break is 6-21 July		
Jul 11	Duck Reach and Gorge Bushland	Explore the extensive bushland tracks and unexpected views right within our city limits.	Easy-Medium S	John Potts 0418 576 011
Jul 25	Visuals Evening	Past glories, future challenges - a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 8	No walk			
Aug 22	Lobster Creek and Nells Bluff	Higgs Track, to Lady lake and descend into top of Lobster Creek Gorge to view seldom seen beautiful rainforest and very large pencil pines. Return via Nells Bluff if time.	Medium EMS	John Tabor 6428 6512
Sept 5	Copper Cove	Baker's Beach area. Coastal heights and heathlands to lovely secluded beach suitable for swimming, fishing etc.	family	Miranda Gracie 0458 175 703
Sept 19	Drys Bluff	1000 metres up in less than 3km - one of Tasmania's steepest ascents to spectacular northern views.	Hard BCSE	Kent Lillico 0428 451 528
Sept 20 (Sunday)	Tamar Island	Sunday afternoon stroll to a peaceful wetlands area on the very edge of the city - plenty of bird life to observe.	Easy	John Potts 0418 576011
		School term break is 28 Sept - 13 Oct		
Oct 3	Wineglass Portage	Iron men & women invited to carry 5, 10 or 20 kg water to Wineglass Bay camp for SU Goliath camp (see next item)	Fast - choose your load!	Nik Sands 0429 387 777
Oct 8-11 (TBC)	Freycinet SU camping trip	[Scripture Union Taking on Goliath bushwalking camp] Check website after July		Nik Sands 0429 387 777
Oct 10	Patersonia Rivulet	See the last big trees and enjoy the myrtles of this forest valley north-east of Launceston	Easy	Andrew Madden 6399 3315
Oct 31 <i>L. Weekend **</i>	Lees Paddocks **camping	A spectacular hidden valley surrounded by the peaks of the Cradle Mt - Lake St Clair reserve. Youth focus event	Medium DEM	Ben Lundie 0409 996 951
Nov 6 (Fri)	Planning	Meeting to plan 2020 walks program	No mud or scrub!	All available leaders
Nov 7	Plateau Clifftop Circuit	Up Western Creek track and follow clifftop escarpment to Lady Lake and Higgs Track. Spectacular views!	Medium BEM	Phil Dawson email pidasms@gmail.com or ph. 6382 3561 after 6:30 pm
Nov 21	TBA	Possibly Mt. Ironstone - special request		
Dec 5	Mt. Maurice	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Medium S	Andrew Madden 6399 3315
		School holidays from 20 Dec		
Dec 28 (Monday)	Wild Upper Mersey	Walk off some of that Christmas excess among the wildflowers of the beautiful alpine region south of Lk Rowellan	Medium BDEMS	Phil Dawson email pidasms@gmail.com or ph. 6382 3561 after 6:30 pm

This list of walks can also be found on our website: www.sutas.org.au (click on Bush Walking)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- ** Camping - requires extra equipment and heavier pack
- B Boulder field - walkers need to be able to confidently step from rock to rock.
- C Climbing sections using rocks and vegetation as hand holds.
- D Drive distance requires early departure - usually 7:30 am

- E Exposed alpine conditions - can be dangerous in poor weather if not fully equipped - see below.
- L A long day's walk - in excess of 3 hours each way.
- M Marshy or muddy sections - be prepared to walk with wet feet.
- S Steep incline for at least part of the way

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".



“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar.*

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as “camping”: Please contact walk leader 1 week in advance if intending to camp.

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Risk Assessment:** It is the responsibility of the walk leader to inform you of particular risks associated with the walk he or she is leading. The general risks of bushwalking are outlined in the next paragraph, but occasionally there are risks specific to the walk. We will do our best to include these in the walk description on the website and invitation emails. **Please do not be offended if the walk leader decides that a walk is too risky for you, or if a walk has to be cancelled due to increased risk associated with weather, track closure etc.**
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing** suggestions for exposed conditions are :-
 - Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
 - Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.

“Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Electrolyte replacement drinks may be helpful for some people.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.