

# Boots n'All 2021 An activity of Scripture Union Tasmania - Tasmanian wilderness hiking with a difference!



Colour code for region: South East Central North Northwest West (This might help you decide whether a day trip, or perhaps accommodation or car camp, is possible from your area)

### Several new walks have been added since the start of the year - mainly in the southern region.

Date	Location	Description	Rating	Contact Leader
April 3 Apr 10	Douglas-Apsley National Park	School term break is 10-25 April  Explore the Apsley Waterhole and gorge, and perhaps stroll the sands of Denison Beach to the Porch Rocks	Medium B L	Terry Heier 6393 6671
Apr 24	Mt Wedge	Change of plan! Mt. Eliza track is still closed, so instead, an early start to ascend Mt Wedge, still with extraordinary vistas to Lake Pedder, the Franklands, Western Arthurs & Lake Gordon area.	Medium-Hard BDELS	Daniel Hutchison 0457 765 907
Apr 24	Whale Rock (NE)	Part of the Cameron Regional Reserve in the far northeast, known for its interesting rock features and panoramic views.	Medium S L	Phil Dawson email pidasms@gmail.com or ph. 6382 3561 after 6:30 pm
May 8	Lake Nameless	Spectacular wilderness area with mountains, lakes and scenery via Lady Lake, Lake Lucy Long and Westons Lake.	Medium-Hard ELMS	John Tabor 6428 6512 0475 566 389
May 22	ТВА	Hopefully a shorter, easier winter walk! Leaders?		
June 6	South Arm Convict Trail	Explore this historical route with beautiful views across the Derwent and beaches at either end	Easy-Family	Daniel Hutchison 0457 765 907
June 12	TBA L.Weekend	Date available for another impromptu walk. Leaders?		
June 26	Rattler Hill & Star of Peace	The newly re-discovered northeast makes a great destination for a winter rainforest walk in the vicinity of Branxholm  School term break is 3-19 July	Medium DSM	Phil Andrew 0408 014 757 or 6300 1067
July 3	Snug Falls	A short walk to a beautiful waterfall above "an idyllic river bed" – perfect for a winter outing!	Easy-Family	Daniel Hutchison 0457 765 907
Jul 10	Waterfalls of the NW and West	Drive and walk to a selection of beautiful waterfalls in the hinterland of the northwest, and venturing further south		James Todd 0439 950 965
Jul 24	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 7	Quinns Creek and Liffey Falls	Beautiful waterfalls close to Launceston. Explore the falls after an off-track walk through the Liffey forest.	Medium SMB	Leader TBC Check website for details
Aug 21	Duck Reach and Gorge Bushland	Explore the extensive bushland tracks and unexpected views right within our city limits.	Easy-Medium S	John Potts 0418 576 011
Sept 4	Cape Raoul	Visit some of the most spectacular coastal lookouts in Tasmania and stretch the legs to celebrate the start of spring	Medium D	Daniel Hutchison 0457 765 907
Sept 18	Evercreech Res. / Mathinna Falls	See the White Knights – spectacular tall gum trees on this North- East reserve. Family day & BYO Barbecue  School term break is 25 Sept - 10 Oct	Easy	Andrew Madden 6399 3315
Oct 2	Cradle Mountain	Tasmania's best known and most iconic peak is reachable as a	Hard	Kent Lillico
Ott 2	craule mountain	day trip, but fitness, energy & enthusiasm will be needed!	BDELS	0428 451 528
Oct 17 (Sunday)	Tamar Island	Sunday afternoon stroll to a peaceful wetlands area on the very edge of the city – plenty of bird life to observe.	Easy	John Potts 0418 576011
Oct 30 L.Weekend	Freycinet SU camping trip	[Scripture Union <i>Taking on Goliath</i> bushwalking camp] <u>Check website after July</u>	See registration website	Nik Sands [TBC] 0429 387 777
Nov 5 (Fri.)	Planning	Meeting to plan 2022 walks program	No mud or scrub!	All available leaders
Nov 6	Collins Cap & Collins Bonnet	These peaks dominate views of the Wellington Range from both north and south and offer spectacular outlooks.	Medium BELS	Daniel Hutchison 0457 765 907
Nov 20	Mt Pearse & Rocky Sugarloaf	Just south of Waratah, these prominent features stand out in a relatively flat area on the edge of the western wilderness.	Medium DMS	James Todd & Darren Wunder 0439 950 965
Dec 4	Mt Victoria	Prominent peak in the north-east with panoramic views to north and east coasts (with SU family camp walkers)	Medium MSE	Andrew Madden 6399 3315
Dec 5	Darwin Trail (Hobart)	Coastal route from Bellerive to Howrah, then inland (street walking) to Waverley Flora Park and back to Kangaroo Bay  School Holidays from 17 Dec	Easy-Medium Family	Daniel Hutchison 0457 765 907
Dec 27 (Monday)	ТВА	We usually aim for the wide-open spaces and wildflowers of the alpine plateaux to walk off the Christmas cheer.		

This list of walks can also be found on our website: <a href="https://bootsnall.sutas.org.au">https://bootsnall.sutas.org.au</a>
If publishing details of these walks, **please make sure you include the** rating key (overleaf) for any letter rating for that walk.



# "Love the bush and praise its Creator"



## **Key to Walk Ratings**

- B Boulder field walkers need to be able to confidently step from rock to rock.
- C Climbing sections using rocks and vegetation as hand holds.
- D Drive distance requires early departure usually 7:30 am
- Exposed alpine conditions can be dangerous in poor weather if not fully equipped see below.
- L A long day's walk in excess of 3 hours each way.
- Marshy or muddy sections be prepared to walk with wet feet.
- **S** Steep incline for at least part of the way

Boots N' All activities are open to all, but intending walkers, must contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment. Intending walkers new to Boots N' All <u>must</u> contact the leader personally unless the walk is rated "Easy" or "Family".

Bush walking can involve an element of danger. All who participate in Boots N' All activities do so at their own risk.

- \* Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- \* For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- \* For walks designated as "camping": Please contact walk leader 4-5 days in advance if intending to camp.

**Boots N' All** was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664 402)** or one of the leaders listed on the walks calendar.



#### If you are a regular Boots N' All walker, please consider making a donation to Scripture Union Tasmania!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a considerable number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

## Preparation, Equipment, Food and Safety

- \* Contact the Walk Leader before hand as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- \* Late arrival at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- \* Risk Assessment: It is the responsibility of the walk leader to inform you of particular risks associated with the walk he or she is leading. The general risks of bushwalking are outlined in the next paragraph, but occasionally there are risks specific to the walk. We will do our best to include these in the walk description on the website and invitation emails. Please do not be offended if the walk leader decides that a walk is too risky for you, or if a walk has to be cancelled due to increased risk associated with weather, track closure etc.
- \* Is this the Right Walk for You? Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".
- \* Make sure you are well equipped. Proper clothing and adequate food, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- \* Clothing suggestions for exposed conditions are :-
  - **Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are <u>unsuitable</u> in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.
  - **Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- \* Food Suggestions: The best advice is to eat well before you start (a good wholesome breakfast) and to have frequent snacks during the walk. "Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry
- \* **Drink:** Most walks have creeks or tarns along the way but sometimes these can take a while to reach so it is advisable to carry a water bottle (min. 500 ml.) with you. Electrolyte replacement drinks may be helpful for some people.
- \* Stay together: Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- \* If you get lost or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.