

Boots n'All 2022

An activity of Scripture Union Tasmania -Tasmanian wilderness hiking with a difference!



Colour code for region: South East Central North Northwest West

(This might help you decide whether a day trip, or perhaps accommodation or car camp, is possible from your area)

Date	Location	Description	Rating	Contact Leader
Jan 8	Cradle Mountain	Re-scheduled to 26 th Feb.		
Jan 22	Blue Peaks	Central Plateau from Lake Mackenzie. Tarns, pencil pines, views to Walls of Jerusalem and perhaps explore further south	Medium ESM	Basil Tkaczuk 6331 1155
Jan 22	TBA L.Weekend	An opportunity for a leader to put together a camping trip		
Feb 5	Quamby Bluff	A very prominent mountain adjacent to the main "front" of the Western Tiers. Splendid views!	Medium BCES	Miranda Gracie 0458 175 703
Feb 19	Table Mountain	Lower midlands landmark – always seen on way to Hobart, but approached from the west.	Medium D S	Basil Tkaczuk 6331 1155
Feb 26	Cradle Mountain	Tasmania's best known and most iconic peak is reachable as a day trip, but fitness, energy & enthusiasm will be needed!	Hard BCDELS	Kent Lillico 0428 451 528
Mar 12-14	Travellers Rest	Explore the less visited alpine plateau east of Lake St. Clair. Lakes and mountain scenery in every direction!	Medium DELMS	lan Waterhouse 0428 242 693
Mar 11-13	Cradle Mt. **Bush N' Biscuits SU youth focus camp	After an hour's back packing, settle in to camp at the scout hut to explore the delights of Cradle Mountain and valley. Note: limited spaces . We'll add a booking link to the website soon.	Easy-Medium DEMS	Leader TBC
Mar 26	Dial Range	Prominent and jagged in appearance, the peaks of this Northwest feature are directly behind Penguin.	Medium S	James Todd & Darren Wunder 0439 950 965
Apr 2	Rocky Mountain (camping)	From Rocky Mountain in the Cradle area, explore the high wilderness on an overnight adventure, finishing at Pencil Pine.	Medium DELMS	Nik Sands
April 16 Apr 23	Rats Castle	A gentler southwest approach to this peak in the vicinity of Great Lake on the Central Plateau - extensive views.	Medium EMS	lan Waterhouse 0428 242 693
Apr 30	Grail Falls Fagus Time	Experience the unique beauty of the "fagus" in full autumn colour in the beautiful surrounds of Grail Falls	Medium DEMS	Phil Dawson email pidasms@gmail.com or ph. 6382 3561 after 6:30 pm
May 7	Ben Nevis	Great views of northern face of Ben Lomond & north east	Easy-Medium BES	Terry Heier 6393 6671
May 21	Point Vision	A different approach to this prominent hill in the Narawntapu National Park.	Medium MS	Phil Andrew 0408 014 757 or 63001067
Jun 11 L.Weekend	Duck Reach and Gorge Bushland	Explore the extensive bushland tracks and unexpected views right within our city limits.	Easy-Medium S	John Potts 0418 576 011
Jun 25	Montezuma Falls	An easy rainforest walk along the route of the historic North East Dundas Tramway to one of Tasmania's highest waterfalls. School term break is 9-24 July	Easy D	James Todd & Darren Wunder 0439 950 965
Jul 16	No walk	This date was accidentally listed on earlier versions of calendar	~	~
Jul 9	Hidden Falls	Explore the forests and spectacular waterfalls. Circuit includes "Stone Hut" and Split (aka Cleft) Rock.	Medium S	Phil Dawson email pidasms@gmail.com or ph. 6382 3561 after 6:30 pm
Jul 23	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 6	ТВА	Possibly Alum Cliffs and Westmorland Falls - check website	Family (TBC)	TBC
Aug 20	Badger Head from Bakers Beach	Stretch the legs on this long coastal walk – beaches, lagoons, coastal vegetation and even a hidden cove.		John Tabor 6428 6512 0475 566 389
Sept 3	Mother Cummings Peak	This prominent spire on the northern escarpment of the Central Plateau offers great views and a beautiful alpine valley.	Easy-Medium BES	Miranda Gracie 0458 175 703
Sept 17	Copper Cove	Baker's Beach area. Coastal heights and heathlands to a lovely secluded beach suitable for swimming, fishing etc. School term break is 1-16 Oct	Family	John Potts 0418 576 011
Oct 1	Mt. Pearse	Just south of Waratah, Pearse and Rocky SL stand out in a relatively flat area on the edge of the western wilderness.	Medium DMS	James Todd & Darren Wunder 0438 557 046
Oct 22	Parsons Track	Forest walk up Parsons Track near Caveside to historic Hills Logging Hut and perhaps on to Haberles Hut.	Family	lan Waterhouse 6327 1371
Nov 5 L.Weekend	East Coast SU camping trip	[Scripture Union <i>Taking on Goliath</i> bushwalking camp] <u>Check website after July</u>	See registration website	Nik Sands [TBC] 0429 387 777
Nov 5 L.Weekend	ТВА			
Nov 11 (Fri.)	Planning	Meeting to plan 2022 walks program	No mud or scrub!	All available leaders
Nov 19	Plateau TBA	Destination to be confirmed closer to the date, but there is plenty of beautiful Central Plateau to explore!	Medium EMS	Phil Dawson email pidasms@gmail.com or ph. 6382 3561 after 6:30 pm
Dec 3	ТВА	School holidays from 21 Dec		
Dec 27	ТВА	We usually aim for the wide-open spaces and wildflowers of the		
(Tuesday)	_	alpine plateaux to walk off the Christmas cheer.		

This list of walks can also be found on our website: https://bootsnall.sutas.org.au
If publishing details of these walks, **please make sure you include the** rating key (overleaf) for any letter rating for that walk.



"Love the bush and praise its Creator"



Key to Walk Ratings

- B Boulder field walkers need to be able to confidently step from rock to rock.
- C Climbing sections using rocks and vegetation as hand holds.
- **D** Drive distance requires early departure usually 7:30 am
- Exposed alpine conditions can be dangerous in poor weather if not fully equipped see below.
- L A long day's walk in excess of 3 hours each way.
- Marshy or muddy sections be prepared to walk with wet feet.
- **S** Steep incline for at least part of the way

Boots N' All activities are open to all, but intending walkers, must contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment. Intending walkers new to Boots N' All <u>must</u> contact the leader personally unless the walk is rated "Easy" or "Family".

Bush walking can involve an element of danger. All who participate in Boots N' All activities do so at their own risk.

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * For walks designated as "camping": Please contact walk leader 4-5 days in advance if intending to camp.

Boots N' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664 402)** or one of the leaders listed on the walks calendar.



If you are a regular Boots N' All walker, please consider making a donation to Scripture Union Tasmania!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a considerable number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

Preparation, Equipment, Food and Safety

- * Contact the Walk Leader beforehand as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * Late arrival at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * Risk Assessment: It is the responsibility of the walk leader to inform you of particular risks associated with the walk he or she is leading. The general risks of bushwalking are outlined in the next paragraph, but occasionally there are risks specific to the walk. We will do our best to include these in the walk description on the website and invitation emails. Please do not be offended if the walk leader decides that a walk is too risky for you, or if a walk has to be cancelled due to increased risk associated with weather, track closure etc.
- * Is this the Right Walk for You? Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".
- * Make sure you are well equipped. Proper clothing and adequate food, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * Clothing suggestions for exposed conditions are :-
 - **Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are <u>unsuitable</u> in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.
 - **Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- * Food Suggestions: The best advice is to eat well before you start (a good wholesome breakfast) and to have frequent snacks during the walk. "Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these can take a while to reach so it is advisable to carry a water bottle (min. 500 ml.) with you. Electrolyte replacement drinks may be helpful for some people.
- * Stay together: Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.