



# Boots'n'All 2007



An activity of Scripture Union Tasmania ..... Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 13	Fisher River	Alpine walk past tarns and valleys in the Blue Peaks area near Lake Mackenzie	Medium DELM	Phil Andrew 6334 1508
Jan 27	Dry's Bluff	One of Tasmania's greatest gains in altitude! 1000 metres up from Liffey valley to the soaring heights with extensive views of northern Tas.	Medium/Hard CES	David Meadows 0404 829 820
Feb 10	Mayday Mine	Mayday Plains, Enchanted Forest and Magic Valley in the alpine area of Black Bluff range. your host: Horrie Betts	Medium DEMS	John Potts 0418 576 011
Feb 24	Mt. Tor	A long exposed alpine walk near Black Bluff. Great views over the North West.	Hard BCDELMS	Basil Tkaczuk 6331 1155
Mar 10-12	Mt. Anne ***Camping	A long drive from the north with first night camp at roadside, then camp one night on mountain. Contact Nick by 5 <sup>th</sup> March if attending. See equip. lists over>>	Medium/Hard (experienced) BCDELS	Nick Ainslie 6391 2450
Mar 24	Prince Albert's Throne	Epic crossing of the Central Plateau from Lk Augusta to Meander R. Due to need for car shuttle, walkers must contact Phil by Tues. 20 <sup>th</sup> March.	Medium/Hard DELMS	Phil Andrew 6334 1508
Apr 14	Mensa Moor	Rarely visited remote area of Ben Lomond plateau involving some off-track scrubby ascents & descents	Hard BCDELS	Basil Tkaczuk 6331 1155
Apr 28	Elephant Rock	Interesting rock feature on Wild Dog Tier. Ascend from Meander area across exposed alpine areas.	Medium/hard ELMS	Phil Andrew 6334 1508
May 12	Mt. Amos	Spectacular views of Wineglass Bay in the beautiful Freycinet / Coles Bay area.	Medium/Hard CDS	Terry Heier 63936671
May 26	Don Reserve & Don River Railway	Pleasant outing on outskirts of Devonport including a trip on the historic Don River Railway Check with leader for cost of train trip.	Family - easy	Bill Magor 6423 2773
Jun 9-11	Freycinet **** (camping)	A long drive from the north with first night camp at Blue Stone Bay, then camp one night on Mt Freycinet. Contact David by 4 <sup>th</sup> Jun. if attending. See equip. lists over>>	Medium DLS	David Meadows 0404 829 820
Jun 23	February Plains	Visit an interesting old hut and explore this high alpine forest near Lake Rowallan without over-exerting yourself!	Easy-Medium DE	Phil Andrew 6334 1508
Jul 7	Rats Castle	In the vicinity of the Great Lake on the Central Plateau - extensive views.	Medium BDEMS	John Potts 0418 576 011
Jul 21	Mt. Cameron	Prominent peak near Gladstone with views of the north east of Tasmania	Medium BDS	Phil Andrew 6334 1508
Aug 4	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 18	Lobster Falls	Rainforest walk near Chudleigh. Approx. 2 hrs ret. Note: track <u>not</u> suitable for strollers, prams or wheelchairs	Family - easy	Terry Heier 6393 6671
Sep 1	Kimberley's Lookout	A prominent high point just north of Sheffield with extensive views over this delightful farming area, then afternoon tea at Villaret Gardens at Kimberley (buy own!)	Easy-Medium	Bill Magor 6423 2773
Sep 15	Evercreech Res. / Mathinna Falls	See the <i>White Knights</i> – spectacular tall gum trees on this North-East reserve. Family day & BYO Barbecue	Easy	Andrew Madden 0408 138 375
Oct 6	Mt. Roogoona	Beautiful alpine area close to Walls of Jerusalem, button grass plains & lakes.	Medium/Hard DELMS	Basil Tkaczuk 6331 1155
Oct 27	Blue Tier	Long forest descent from top of Blue Tier to Weldborough	Medium/hard DL	Nick Ainslie 6391 2450
Nov 10	Asbestos Range: Boomgate to Badger	York Town Rivulet to Badger Head via Mt. Asbestos and north coast track. Some untracked bush and lovely coastal scenery.	Medium CLS	John Potts 0418 576 011
Nov 16	Planning	Meeting to plan 2008 walks program	Tricky! "S"	See leaders below
Nov 24	Liffey Bluff	A circuit climb from Liffey Falls upper car park. Extensive views to the north and along the escarpments.	Medium/Hard BELS	Peter Davies 6344 8235
Dec 8	Mt. Maurice	Annual family forest walk among the Waratah & wild flowers of the North East	Easy-Medium S	Andrew Madden 0408 138 375
Dec 29	Projection Bluff & Pine Lake	Work off some of that Christmas cheer! Short and relaxing walk (one steep climb) – scenic views, pencil pines	Easy-Medium ES	Basil Tkaczuk 6331 1155

This list of walks can also be found on our website: [www.sutas.org.au](http://www.sutas.org.au) (click on Bush Walking)

If you are a regular Boots N' All walker, please consider making a donation! Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

If publishing details of these walks, please make sure you include the key for any letter rating for that walk.

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Please carefully note the key for the letter ratings overleaf.



**Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.**



*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact one of the following.*

Phil Andrew **6334 1508** Terry Heier **6393 6671** Ken Macpherson **6394 3120**  
Andrew Madden **0408 138 375** David Meadows **0404 829 820** Neil Walker **6343 5424**  
John Potts **6326 4064 or 0418 576 011** Basil Tkaczuk **6331 1155**  
North West Inquiries to: Bill Magor 6423 2773

- \* Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- \* For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- \* \*\*\* For walks designated as "camping": Please contact walk leader 1 week in advance if intending to camp.

## ***"Love the bush and praise its Creator"***

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**For your safety: walk rating key – please see if your walk is coded with any of these letters:**

<b>B</b>	Boulder field – walkers need to be able to confidently step from rock to rock.
<b>C</b>	Climbing sections using rocks and vegetation as hand holds.
<b>D</b>	Drive distance requires early departure – usually 7:30 am
<b>E</b>	Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
<b>L</b>	A long day's walk – in excess of 3 hours each way.
<b>M</b>	Marshy or muddy sections – be prepared to walk with wet feet.
<b>S</b>	Steep incline for at least part of the way

## **Preparation, Equipment, Food and Safety**

- \* **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete.
- \* **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- \* **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you.**
- \* **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- \* **Clothing** suggestions for exposed conditions are :-  
**Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.  
**Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- \* **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.  
"Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- \* **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- \* **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- \* **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.