



Boots'n'All 2010



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 9	Lake Youl	17 km circuit walk from Ben Lomond ski village – great views E. to Stacks Bluff and N. to Flinders Is.	B DLM Medium-Hard	David Meadows 0423 881 870
Jan 23	Walls of Jerusalem ***	*** Camping Experience the spectacular and world-renowned Walls of Jerusalem	Extd overnight Medium DELS	Chris Langerak 6330 2131
Feb 6	Rinadeena Falls	Rainforest walk to delightful falls on Little Fisher River	Medium DMS	Brian Roach 6344 7672
Feb 20	Philosopher Falls	(with Horrie Betts) Venture into the wild west - pretty falls on the upper reaches of the Arthur R. near Waratah	Easy-Medium DS	John Potts 0418 576011
March 13	Quamby Bluff	A very prominent mountain adjacent to main “front” of the Western Tiers	Medium-Hard BCES	Terry Heier 6393 6671
March 27	Mt. Roland Circuit	Mt Roland, Van Dyke, Claude circuit. Great views and interesting agglomerated rock formations	Medium-Hard CELS	David Meadows 0423 881 870
April 10	Wilmot River	Explore this less well-known tributary of the Forth R – gorges, river flats, beautiful scenery.	Easy-Medium D	Phil Dawson 6382 3561
April 24	Clumner Bluff	Gateway to the Walls with extensive panoramic views to Lake Rowallan and the Walls of Jerusalem	Hard BDELS	Peter Davies 6344 8235
May 1	Crater Lake circuit	The “fagus” should be in full colour, so bring a camera and explore this famous wilderness attraction	Medium DES	Terry Heier 6393 6671
May 22	Lake McCoy	Rarely visited alpine highlands west of Lake Rowallan Good views of Lees Paddocks from cliff tops	Medium DE	John Tabor 6428 6512
June 5	Dial Range	Prominent and jagged in appearance, this NW feature is directly behind Penguin	Medium S	Kent Lillico 6425 2023
June 19	West Sandy Point	Lots of sand walking in this coastal wilderness stretching across St. Albans Bay from just north of Bridport.	Medium	Phil Dawson 6382 3561
July 3	Port Sorell – Northdown	Hawley Beach to Northdown Beach Outstanding north coastal views	family	John Tabor 6428 6512
July 24	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
August 7	Copper Cove	Baker’s Beach area. Coastal heights and heathlands to lovely secluded beach suitable for swimming, fishing etc.	family	John Potts 0418 576011
August 21	The Hazards	Spectacular views of Wineglass Bay in the beautiful Freycinet / Coles Bay area.	Medium/Hard CDS	Terry Heier 6393 6671
Sept 4	Panorama Hill	Interesting alpine walk to high point above Lake Lucy Long – tarns, pencil pines, wilderness.	Medium-Hard ELMS	Peter Davies 6344 8235
Sept 18	Shadow Lk circuit	Head west from Watersmeet at delightful Lake St. Clair – views to Mt. Rufus, Mt. Hugel and Mt. Olympus	Medium DELS	Kris Bezemer 0427 367641
Oct 2	Table Mt.	Lower midlands landmark – always seen on way to Hobart!	Medium D S	Basil Tkaczuk 6331 1155
Oct 23	Black Bluff via Winterbrook Falls	Spectacular views of north west Tasmania & Cradle Mt area. (alternative: Black Bluff East)	Medium-hard DELS	Phil Dawson 6382 3561
Nov 6	Meadstone Falls	Granite outcrops and open native vegetation adjoin this cascade in the Mt. Puzzler forest reserve SE. of Fingal	Easy-Medium S	Andrew Madden 6399 3315
Nov 12	Planning	Meeting to plan 2011 walks program	Tricky! “S”	See leaders below
Nov 20	Cradle Mt.	The jewel in the crown of the Overland Track area from Dove Lake car-park	Medium-hard BCDELS	Kent Lillico 6425 2023
Dec 11	Mt. Maurice	Annual family forest walk among the Waratah & wild flowers of the North East	Easy-Medium S	Andrew Madden 6399 3315
Dec 27	Lk Ironstone	After a steep climb, meander across the high country, past Whiteley’s Hut to this beautiful alpine lake	Medium BEMS	Chris Langerak 6330 2131

This list of walks can also be found on our website: www.sutas.org.au (click on Bush Walking)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- B** Boulder field – walkers need to be able to confidently step from rock to rock.
- C** Climbing sections using rocks and vegetation as hand holds.
- D** Drive distance requires early departure – usually 7:30 am
- E** Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
- L** A long day’s walk – in excess of 3 hours each way.
- M** Marshy or muddy sections – be prepared to walk with wet feet.
- S** Steep incline for at least part of the way

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.



“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar.*

Additional telephone numbers (mobiles etc): Phil Dawson **mob. 0417527511** John Potts **0418 576 011**

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as “camping”: Please contact walk leader 1 week in advance if intending to camp.

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing suggestions for exposed conditions are :-**
 - Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
 - Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.

“Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.