



Boots'n'All 2013



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 12	Cathcart Bluff	A walk through forest to a peak overlooking Poatina near the Great Lake	Medium BCS	John Tabor 6428 6512
Jan 26	Walls of Jerusalem ***camping	High summer surrounded by the crags and lakes of the alpine wilderness	Medium DELMS	Chris Langerak 6330 2131
Jan 26	Mt. Saddleback (Yes, 2 walks on same day!)	Combined NE walk to this very visible peak with SU Family Camp participants	Medium BDS	Basil Tkaczuk 6331 1155
Feb 9	Prince Albert's Throne	Epic crossing of the Central Plateau from Lk Augusta to Meander R. Due to need for car shuttle, walkers must contact Phil by Wed 6th Feb. at latest.	Medium/Hard DELMS	Phil Andrew 6344 6532 or 0408 014 757
Feb 23	Philosopher Falls	Once a world-famous tin mine, Mt. Bischoff and falls are close to Waratah in the rugged west. (with Horrie Betts)	Medium DS	John Potts 0418 576011
Mar 9	Lake Rhona ***camping	Considered a jewel of the south-west, this lake has a beach similar to the lost beach of Lk. Pedder	Medium/Hard DELMS	Ian Waterhouse 6327 1371
Mar 23	Projection Bluff	Plateau walk (one steep climb) – scenic views, pencil pines	Medium BES	Brian Roach 6344 7672
Apr 13	Black Bluff	Spectacular views of north west Tasmania & Cradle Mt area. Adequate fitness & equipment necessary.	Medium-hard DELS	Graham Alexander 6423 6681
Apr 27 (7am start)	Cradle Fagus Time	Experience the unique beauty of the “fagus” in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson 6382 3561
May 11	Mt. Albert	Alongside Mt Victoria in the North East – views to Tasman Sea	Medium BDS	Andrew Madden 6399 3315
May 25	Wineglass Bay Circuit	Cross the spectacular Hazards to the iconic Wineglass Bay, returning by Hazards Beach.	Medium DLS	Brian Roach 6344 7672
Jun 8	Greens Beach & West Head	Explore the foreshore of one of northern Tasmania's favourite holiday spots.	Easy	Chris Langerak 6330 2131
Jun 22	Parsons Track to Central Plateau	A delightful walk through magnificent forests ascending the Great Western Tiers to the summit of Mt Parmeener.	Medium ES	Kent Lillico 0428 451 528
Jul 6	Hidden Falls	Explore the forests and spectacular waterfalls. Circuit walk returning via Stone Hut	Medium S	Phil Dawson 6382 3561
Jul 21 (Sunday)	Trevallyn Nature Area	An extended afternoon walk in the vicinity of Cataract Gorge – all the exercise and beauty but close to home.	Easy-Medium S	David Meadows 0423 881 870
Jul 27	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 10	Snow Hill & Mt. Henry	Two peaks in the vicinity of Royal George; an ideal start for your spring fitness campaign.	Medium ES	Basil Tkaczuk 6331 1155
Aug 24	Mt. Arthur	Extensive views of the Tamar Valley & surrounding area.	Medium BES	Vivienne Bartle 0409 347 151
Sep 7	Lees Paddocks	In the heart of the mountains – a historic hut near the Mersey River	Medium DLM	Terry Heier 6393 6671
Sep 21	St. Valentine's Peak	A conical peak with extensive views of the north-west.	Medium DES	Graham Alexander 6423 6681
Oct 5	Blue Peaks	Central Plateau from Lake McKenzie. Tarns, pencil pines, views to Walls of Jerusalem	Medium ESM	John Tabor 6428 6512
Oct 19	Walls of Jerusalem	A long but worthwhile walk into the heart of this spectacular national park	Medium-hard DELMS	Kent Lillico 0428 451 528
Nov 2	Bay of Fires ***camping	Walk and camp in this coastal area recognised worldwide as one of Tasmania's most beautiful places.	Medium DL	Chris Langerak 6330 2131
Nov 8	Planning	Meeting to plan 2014 walks program	Tricky! “S”	See leaders below
Nov 9	Barn Bluff	A very early start from Waldheim takes you past Cradle Mt. to this outstanding wilderness peak.	Hard BCDELS	Kent Lillico 0428 451 528
Nov 23	Mt. Cripps & Mt. Charter	Two peaks with a different perspective on the Cradle area.	Medium DES	Basil Tkaczuk 6331 1155
Dec 7	Mt. Maurice	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Easy-Medium S	Andrew Madden 6399 3315
Dec 28	Jillett's Tier	Work off that Christmas cheer and explore this peak alongside Lagoon of Islands near Steppes.	Easy-Medium	Basil Tkaczuk 6331 1155

This list of walks can also be found on our website: www.sutas.org.au (click on Camps & Programs > Bush Walking)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- B** Boulder field – walkers need to be able to confidently step from rock to rock.
- C** Climbing sections using rocks and vegetation as hand holds.
- D** Drive distance requires early departure – usually 7:30 am
- S** Steep incline for at least part of the way

- E** Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
- L** A long day's walk – in excess of 3 hours each way.
- M** Marshy or muddy sections – be prepared to walk with wet feet.

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.



“Love the bush and praise its Creator”

Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar.*

Additional telephone numbers (mobiles etc): Phil Dawson **mob. 0417527511**
John Potts **0418 576 011** Ian Waterhouse **mob. 0428242693**

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
 - * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
 - * *** For walks designated as “camping”: Please contact walk leader 1 week in advance if intending to camp.
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Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing** suggestions for exposed conditions are :-
Essential: Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
Optional: A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.
“Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.