



# Boots'n'All 2014



An activity of Scripture Union Tasmania ..... Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 11	Magnet Mine	Fossick for minerals and explore former township and mine close to Waratah in the rugged west. <i>(with Horrie Betts)</i>	Medium DS	John Potts 0418 576011
Jan 25? <i>L. Weekend</i>	The Sphinx <i>(with family camp)</i>	Part of the huge Ben Lomond Plateau, this spectacular prominence gives expansive views over much of the state. <i>School term (state) begins 5th Feb.</i>	Medium-Hard BCDELMS	Basil Tkaczuk 6331 1155
Feb 8	Allison's Hut	A historic pastoral hut on the expanse of the central plateau close to Lake Augusta. Includes optional short climb from the hut to Little Split Rock	Easy/Medium DE	Phil Andrew 6344 6532 or 0408 014 757
Feb 22	Ragged Jack	Spectacular peak west of Ben Lomond – views across north	Medium BCES	David Meadows 0423 881 870
Mar 8 <i>L. Weekend</i>	Tasman Peninsula Capes	***camping Explore the rugged coastal cliffs including part of the new Three Capes wilderness track	Medium DLMS	Ian Waterhouse 6327 1371
Mar 29	Cradle Mt. ***camping	After an hour's back packing, settle in to camp at the scout hut to explore the delights of Cradle Mountain and valley. Maximum of 14 persons – cost \$25 each. Book in with Ian by 18 March.	Easy-Medium DEMS	Ian Waterhouse 6327 1371
Apr 12	Stormont or Lea River area	Explore the Lea River area from Lk. Gairdner, and up to Mt. Stormont with views to north and to Cradle Mt.	Medium DES	Graham Alexander 6423 6681
Apr 19	Easter Saturday	School term break (incl. Easter) is 18 Apr to 4 May		
Apr 26 <i>L. Weekend</i>	Dove Canyon Circuit	From Pencil Pine explore waterfalls, Pine Creek & Dove River confluence and view the canyon from above.	Easy-Medium CDEMS	Terry Heier 6393 6671
May 10 (7am start)	Cradle Fagus Time	Experience the unique beauty of the "fagus" in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson 6382 3561
May 24	Dazzler Range	Located south of Asbestos Ra. - panoramic views of the Tamar valley, Bass Strait coastline and Port Sorell	Medium MS	Kent Lillico 0428 451 528
Jun 14	Round Mt. Prospect	A less visited prominence west of Mt. Claude with views to the mighty Forth Gorge and a café to follow!	Easy SM	John Tabor 6428 6512
Jun 28	Projection Bluff	Plateau walk (one steep climb) – scenic views, pencil pines	Easy-Medium BES	Peter Davies 6344 8235
		School term break is 5 Jul to 19 Jul		
Jul 12	Tasmanian Arboretum	A fascinating collection of trees from every continent with meandering walks in a lovely valley. <i>Adults \$5 children free.</i>	Family - Easy	Graham Alexander 6423 6681
Jul 20 (Sunday)	Swan Point from Gravelly Beach	A local surprise! Stroll along the shore of the Tamar to Swan Point or further to Paper Beach <i>(not suitable for prams)</i>	Family - Easy	Basil Tkaczuk 6331 1155
Jul 26	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 9	Upper Liffey River	Descent from alpine views at the Lake Hwy, past forests of giant gums, via spectacular falls to lower car park.	Medium BES	Terry Heier 6393 6671
Aug 23	Ben Nevis	Great views of northern face of Ben Lomond & north east	Easy-Medium BES	Vivienne Bartle 0409 347 151
Sep 13	Lake Mackenzie highpoint & trig	Via Higgs track – excellent views of Lk. Mackenzie, Lake Balmoral to SE and sweeping views of northern farmlands	Medium SME	John Tabor 6428 6512
Sep 27	Panorama Hill	Interesting alpine walk to high point above Lake Lucy Long – tarns, pencil pines, wilderness.	Medium ELMS	Peter Davies 6344 8235
		School term break is 27 Sept to 12 Oct		
Oct 11	Mts. Roland and Van Dyke	A beautiful, much loved landmark and its smaller partner. Great views over north-west and into World Heritage area.	Medium-hard DELS	Kent Lillico 0428 451 528
Oct 25	Bastion Bluff	From Smoko Creek, through the picturesque Dell to the vast alpine plateau with panoramic views	Medium-hard BCDEMS	David Meadows 0423 881 870
Nov 1 <i>L. Weekend</i>	Bay of Fires ***camping	Walk and camp in this coastal area recognised worldwide as one of Tasmania's most beautiful places. <i>Meeting to plan 2014 walks program</i>	Medium DL	Chris Langerak 6330 2131
Nov 6	Planning	At least there's no scrub! See leaders below		
Nov 15	Barn Bluff	A very early start from Waldheim takes you past Cradle Mt. to this outstanding wilderness peak.	Hard BCDELS	Kent Lillico 0428 451 528
Nov 22	Hidden Falls	Explore the forests and spectacular waterfalls. Circuit walk returning via Stone Hut	Medium S	Phil Dawson 6382 3561
Dec 6	Mt. Maurice	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Easy S	Andrew Madden 6399 3315
		School holidays from 19 Dec		
Dec 27	Duncanson's Plateau	Work off some of that Christmas cheer! Wildflowers and alpine tarns as well as expansive views.	Easy-Medium E	Basil Tkaczuk 6331 1155

This list of walks can also be found on our website: [www.sutas.org.au](http://www.sutas.org.au) (click on Bush Walking)  
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- B** Boulder field – walkers need to be able to confidently step from rock to rock.
- C** Climbing sections using rocks and vegetation as hand holds.
- D** Drive distance requires early departure – usually 7:30 am

- E** Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
- L** A long day's walk – in excess of 3 hours each way.
- M** Marshy or muddy sections – be prepared to walk with wet feet.
- S** Steep incline for at least part of the way

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".



## **"Love the bush and praise its Creator"**



**Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.**

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402) or one of the leaders listed on the walks calendar.*

**Additional telephone numbers (mobiles etc):** Phil Dawson **mob. 0417527511**  
John Potts **0418 576 011** Ian Waterhouse **mob. 0428242693**

- \* Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- \* For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- \* \*\*\* For walks designated as "camping": Please contact walk leader 1 week in advance if intending to camp.

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### **Preparation, Equipment, Food and Safety**

- \* **Contact the Walk Leader beforehand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- \* **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- \* **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".**
- \* **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- \* **Clothing suggestions for exposed conditions are :-**  
**Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.  
**Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- \* **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.  
"Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- \* **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- \* **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- \* **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.