



Boots'n'All 2015 Walks Calendar



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 10	Mt. Beecroft	South-west from the Vale of Belvoir, with spectacular views to Cradle Mt. Return via Rocky Mountain	Medium DEMS	David Meadows 0423 881 870
Jan 24 <i>L.Weekend</i>	Lake Margaret ***camping	Visit recently recommissioned historic power station and famous wood-stave penstock and alpine lake high above	Medium DES	Graham Alexander 0407 436 556
Jan 24 <i>L.Weekend</i>	Wilmot Bluff <i>(with family camp)</i>	Part of the huge Ben Lomond Plateau, this less known high point gives expansive views over much of the state.	Medium-Hard BCDELMS	Basil Tkaczuk 6331 1155
<i>School term (state) begins 5th Feb.</i>				
Feb 7	Back Peak	West from Pencil Pine to follow an old mining road to the remote Back Peak – spectacular wilderness views	Medium-Hard DELMS	Basil Tkaczuk 6331 1155
Feb 21	Brid River Track	A relaxing seaside break at Bridport. Walk from the town to Adams Beach and back via the beach track.	Easy	Chris Langerak 0409 808 152
Mar 7 <i>L.Weekend</i>	Mountains of Jupiter ***camping	South via Chalice Lake, Cloister Lagoon and Junction Lake into the heart of the alpine wilderness	Medium BDELMS	Ian Waterhouse 6327 1371
Mar 28 <i>(revised date)</i>	Quamby Bluff	A very prominent mountain adjacent to main “front” of the Western Tiers	Medium-Hard BCES	Kent Lillico 0428 451 528
Apr 4	Easter Saturday	<i>School term break (incl. Easter) is 3 Apr to 19 Apr</i>		
Apr 11	Adam’s Peak	Near Pine Lake north of Great Lake, this small peak offers views across the north and the Central Plateau	Easy-Medium BES	Phil Dawson 0417 527 511
Apr 25	Perry’s Peak	A little known prominence in the Cradle Mt. area near Dove Lake between Mt Campbell and Mt. Kate.	Medium DE	Phil Andrew 0408 014 757
May 9 <i>(7am start)</i>	Cradle Fagus Time	Experience the unique beauty of the “fagus” in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson 0417 527 511
May 23	Western Creek Cliff Circuit	Follow a little known marked track from Western Creek across to the cliffs, down Higgs Track- magnificent views!	Medium ELMS	John Tabor 6428 6512
Jun 13	Mt. Montgomery	The northern-most peak in the Dial Range. Close to Penguin. Expansive views	Easy-Medium DS	John Tabor 6428 6512
Jun 27	Vale of Belvoir	Explore this wilderness expanse north of the Cradle road and close to Black Bluff including Lake Lea	Easy-Medium EDM	Graham Alexander 0407 436 556
<i>School term break is 4 Jul to 19 Jul</i>				
Jul 11	Westmoreland & Lobster Falls	Two spectacular waterfalls for the price of one! Great short walks near Chudleigh and Caveside.	Easy-Medium	Terry Heier 6393 6671
Jul 26 <i>(Sunday)</i>	Paper Beach to Supply River	An afternoon stroll by the Tamar to the Supply River Bridge or further to mill ruins <i>(not suitable for prams)</i>	Family - Easy	John Potts 0418 576011
Aug 8	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 22	Grail Falls and Moses Ck Falls	Circuit walk - Grail Falls - high alpine valley with lake and falls near Cathedral Mt, back via Moses Ck waterfalls	Medium DELMS	Kent Lillico 0428 451 528
Sep 12	February Plains	Circuit walk to visit the reconstructed Steers' hut on the February Plains high country west of Lake Rowellan.	Easy-Medium DM	Phil Andrew 0408 014 757
Sep 26	Mt. Roland	A beautiful and well known landmark offering panoramic views over north-west and into World Heritage area.	Medium-hard DELS	Vivienne Bartle 0409 347 151
<i>School term break is 26 Sept to 11 Oct</i>				
Oct 10	Mt. Rogoona	Beautiful alpine area close to Walls of Jerusalem, button grass plains & lakes.	Medium-Hard DELMS	Peter Davies 6344 8235
Oct 24	Evercreech Res. / Mathinna Falls	See the <i>White Knights</i> – spectacular tall gum trees on this North-East reserve. Family day & BYO Barbecue	Easy	Andrew Madden 6399 3315
Oct 31 <i>L.Weekend</i>	Bay of Fires ***camping	Further explore the northern part of this region recognised worldwide as one of Tasmania’s most beautiful places.	Medium DL	Chris Langerak 0409 808 152
Nov 6 (Fri.)	Planning	<i>Meeting to plan 2014 walks program</i>		<i>No mud or scrub!</i>
Nov 14	Castle Carey	A first time Boots N’ All walk to this interesting prominence north of Fingal	Medium S	Phil Dawson 0417 527 511
Nov 21	Mt. Rufus	Start from delightful Lake St. Clair – past Shadow Lake and rock formations with spectacular wilderness views	Medium-hard DELMS	Kent Lillico 0428 451 528
Dec 5	Mt. Maurice	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Easy S	Andrew Madden 6399 3315
<i>School holidays from 18 Dec</i>				
Dec 28 <i>(Monday)</i>	Sales Lake	Work off some of that Christmas cheer! Wildflowers and alpine tarns as well as expansive views.	Easy-Medium S	Phil Andrew 0408 014 757

This list of walks can also be found on our website: www.sutas.org.au (click on Bush Walking)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

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| <p>B Boulder field – walkers need to be able to confidently step from rock to rock.</p> <p>C Climbing sections using rocks and vegetation as hand holds.</p> <p>D Drive distance requires early departure – usually 7:30 am</p> | <p>E Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.</p> <p>L A long day’s walk – in excess of 3 hours each way.</p> <p>M Marshy or muddy sections – be prepared to walk with wet feet.</p> <p>S Steep incline for at least part of the way</p> |
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Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N’ All must contact the leader personally unless the walk is rated “Easy” or “Family”.



“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar, which is also available on www.sutas.org.au (via the Camps & Programs menu). You can also request to be added to the Boots N' All email distribution list via the **Contact Us** form on the website, and receive email reminders a few days ahead of each walk (or give your email address to Basil or your walk leader).*

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as “camping”: Please contact walk leader 1 week in advance if intending to camp.

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing** suggestions for exposed conditions are :-
 - Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
 - Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable. A GPS or smartphone with GPS and mapping software is useful. Tracks and waypoints for most of our walks are emailed a week or so ahead, along with a link to a document with some information about how to use these devices. For remote area walks, if you have an EPIRB, SPOT device or satellite phone, these can be extra safety options. Mobile phones also give reasonable reception on higher peaks and areas with fairly unobstructed lines to the nearest tower. (mostly only Telstra reception in the wilderness)
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.
 - “Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.