



Boots'n'All 2017



An activity of Scripture Union Tasmania... Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 14	Greens Beach & West Head	Explore the foreshore of one of northern Tasmania's favourite holiday spots.	Easy	Chris Langerak 6330 2131
Jan 28	St. Pauls Dome (with Family Camp)	A prominent peak near Avoca. Some off-track walking & rock scrambling!	Medium BDS	Basil Tkaczuk 6331 1155
<i>School term (state) begins 7th Feb.</i>				
Feb 11	Mt Morriston	Explore the area south of Lake Leake Rd, including the historic Long Marsh Dam site	Easy-Medium	Basil Tkaczuk 6331 1155
Feb 25	Wild Dog Tier	Ascend from Meander area across exposed alpine areas. Adequate fitness & equipt necc.	Medium-hard	Graham Alexander 0407 436 556
Mar 11 <i>L. Weekend</i>	Walls of Jerusalem ***camping	Walk cancelled due to continued road closure. Watch website for alternative walk or camping trip.	Medium DELMS	TBA
Mar 25 (**NB dates swapped!)	Lobster Creek and Nells Bluff	Higgs Track, to Lady lake and descend into top of Lobster Creek Gorge to view seldom seen beautiful rainforest and very large pencil pines. Return via Nells Bluff if time.	Medium SME	John Tabor 6428 6512
Apr 8 ** see above	Mt Blackboy & Evercrech Falls	Combining two great features of our state: a rarely visited north-east mountain and a beautiful waterfall.	Easy-Medium	Louise Fairfax 6327 2374
<i>Apr 15 Easter Saturday School term break is 14 Apr to 1 May</i>				
Apr 29 (7am start)	Cradle Fagus Time	Experience the unique beauty of the "fagus" in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson 6382 3561
May 6	Fisher Bluff	A beautiful off track open alpine walk to a peak with extensive views of the central plateau area	Medium-Hard DEL	Phil Andrew 0408 014757 or 6300 1067
May 20	Cradle Mt. ***camping	After an hour's back packing, settle in to camp at the scout hut to explore the delights of Cradle Mountain and valley. Maximum of 14 persons - cost \$25 each. Book in with Graham by 9th May	Easy-Medium DEMS	Graham Alexander 0407 436 556
Jun 3	Mt Bruche	An off-track climb across farmland to gain nice views of the midlands area near Tunbridge.	Easy-Medium	Phil Andrew 0408 014757 or 6300 1067
Jun 17	Hidden Falls	Explore the forests and spectacular waterfalls. Circuit includes "Stone Hut" and Split (aka Cleft) Rock.	Medium S	Phil Dawson 6382 3561
<i>School term break is 8 Jul to 23 Jul</i>				
Jul 8	Duck Reach and Gorge Bushland	Explore the extensive bushland tracks and unexpected views right within our city limits.	Easy-Medium S	John Potts 0418 576011
Jul 22	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 5	Mt. Cameron	Prominent peak near Gladstone with views of the north east of Tasmania	Medium BDS	Peter Davies 6344 8235
Aug 19	Lees Paddocks	In the heart of the mountains – a historic hut near the Mersey River	Medium DLM	Terry Heier 6393 6671
Sep 9	Upper Liffey River	Walk the beautiful cascading Liffey River downhill from the Lake Highway to the Liffey Falls upper car park.	Easy-Medium S	Andrew Madden 6399 3315
Sep 23	Moses Creek Falls Circuit	By far the best waterfall circuit walk in the state - in marvellous rainforest close to Cathedral Mountain	Medium DELMS	Kent Lillico 0428 451 528
<i>School term break is 30 Sept to 15 Oct</i>				
Oct 7	Copper Cove	Baker's Beach area. Coastal heights and heathlands to lovely secluded beach suitable for swimming, fishing etc.	family	John Potts 0418 576011
Oct 28	Mt. Pillinger	A <i>Boots N' All</i> favourite from bygone years - magnificent views to Mt Ossa and the Pelion mountains.	Med-hard BDELS	Vivienne Bartle 0409 347 151
Nov 4 <i>L. Weekend</i>	Bay of Fires ***camping	Walk and camp in this coastal area recognised worldwide as one of Tasmania's most beautiful places.	Medium DL	Chris Langerak 6330 2131
Nov 18	Mt. Tyndall	A "taster" of the Tyndall Ra. which in many ways equals the beauty of the Cradle area. Camp at Tullah Sat. night.	Medium DELMS	Kent Lillico 0428 451 528
Dec 2	Mt. Scott	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Easy-Medium S	Andrew Madden 6399 3315
<i>School holidays from 21 Dec</i>				
Dec 30	Rats Castle	In the vicinity of the Great Lake on the Central Plateau - extensive views.	Medium BDEMS	Basil Tkaczuk 6331 1155

This list of walks can also be found on our website: <http://bootsnall.sutas.org.au> or www.sutas.org.au (click on Camps & Programs)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- B Boulder field – walkers need to be able to confidently step from rock to rock.
- C Climbing sections using rocks and vegetation as hand holds.
- D Drive distance requires early departure – usually 7:30 am

- E Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
- L A long day's walk – in excess of 3 hours each way.
- M Marshy or muddy sections – be prepared to walk with wet feet.
- S Steep incline for at least part of the way

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".



“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar, which is also available on the website (see below). You can also request to be added to the Boots N' All email distribution list via the **Contact Us** form on the website, and receive email reminders a few days ahead of each walk (or give your email address to Basil or your walk leader).*

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as “camping”: Please contact walk leader a week in advance if intending to camp.

Bookmark <http://bootsnall.sutas.org.au> or www.sutas.org.au (and follow the *Camps & Programs* menu).

Our website includes extensive walks notes and track details, GPS tracks and some information on how to use them.

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader beforehand** as trips may be subject to change and details may be incomplete. To comply with insurance and safety regulations, the walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. **Do NOT bring along people without notifying the leader in advance of each intended walker** (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing suggestions** for exposed conditions are:
 - Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers and jeans are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (eg strong plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
 - Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable. A GPS or a weatherproof smartphone with GPS and mapping software is very useful. Walk descriptions are emailed a week or so ahead, along with a link our website which has information about how to use these devices and downloadable tracks and waypoints for most of our walks. For remote area walks, if you have an EPIRB, SPOT device or satellite phone, these can be extra safety options. Mobile phones also give reasonable reception on higher peaks and areas with fairly unobstructed lines to the nearest tower. (mostly only Telstra reception in the wilderness areas, though.)
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.

“Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**preferably 1 litre**) with you. Mineral drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.