



Boots'n'All 2019



An activity of Scripture Union Tasmania Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 12	Breona Tier	Explore the high alpine plateau north-west of Great Lake. Expansive views, and hopefully wild flowers in bloom.	Medium BES	Basil Tkaczuk 6331 1155
Jan 26 <i>L. Weekend</i>	Hardings Falls	A leisurely exploration of the headwaters of the Swan River south of Fingal. (with SU family camp walkers)	Easy-Medium	Brian Roach 6344 7672
Feb 9	Solitary Hut at Tiger Lake	Explore the alpine lakes and wilderness, and visit one man's hideaway in the Walls of Jerusalem	Medium DLMS	Chris Langerak 0409 808 152
Feb 23	Liffey Falls	Explore the beautiful Liffey Falls and river area from the top car park.	Easy-Medium S	John Potts 0418 576011
Mar 2	Cradle Mt. ***camping	After an hour's back packing, settle in to camp at the scout hut to explore the delights of Cradle Mountain and valley. Hut accommodation reserved for SU Children/Youth ministry but you are welcome to join us for the day/s, perhaps using other accommodation in the area.	Easy-Medium DEMS	TBC
Mar 9 <i>L. Weekend</i>	New Years Lake at Walls ***camping	Hike in from Lake Ada to this remote lake in the heart of the plateau close to Mt. Jerusalem in the Walls	Medium BDELMS	Ian Waterhouse 6327 1371
Mar 23	Turrana Heights	South from Lk Mackenzie, past Blue Peaks to this prominent feature near the Walls of Jerusalem	Medium-Hard DELMS	Phil Andrew 0408 014757 or 6300 1067
Apr 13	Havelock Falls	From Pine Lake (Lakes Main Rd). A seldom visited waterfall in alpine country falling into Meander Valley. Off track.	Medium-Hard ELMS	John Tabor 6428 6512
April 20	Easter Saturday	<i>Easter and school term break is from 13th April to 28th April</i>		
Apr 27	Cradle Fagus Time	Experience the unique beauty of the "fagus" in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson AH 6382 3561 Peter Davies 6344 8235
May 11	Mt Albert	Just SE of Mt. Victoria, this peak offers expansive views of the north-east, as far as the north and east coasts.	Easy-Medium DES	Peter Davies 6344 8235
May 25	Split Rock	Split Rock at Liawenee offers panoramic views of the central plateau as far as the Walls and beyond.	Medium EMS	Phil Andrew 0408 014757 or 6300 1067
June 8 <i>L. Weekend</i>	Projection Bluff	Plateau walk (one steep climb) – scenic views, pencil pines [Teenage/youth ministry focus]	Easy-Medium BES	Tom Young 0407 004 245
June 22	Greens Beach to West Head	Explore the foreshore of one of northern Tasmania's favourite holiday spots.	Easy	Chris Langerak 0409 808 152
<i>School term break is 6 Jul to 21 Jul</i>				
Jul 13	Westmoreland & Lobster Falls	Two spectacular waterfalls for the price of one! Great short walks near Chudleigh and Caveside.	Easy-Medium	Terry Heier 6393 6671
Jul 27	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Aug 10	Champagne & Bridal Veil Falls	A family walk to two beautiful falls near Lake Cethana. Finish with coffee and muffins at Lemonthyme Lodge.	Easy/Medium DS	Phil Andrew 0408 014757 or 6300 1067
Aug 24	Split Rock Falls	Forests, falls and the unusual Split Rock (aka Cleft Rock) feature in the upper Meander River area.	Easy-Medium S	Ben Lundie See website for phone
Sept 7	Drys Bluff	1000 metres up in less than 3km – one of Tasmania's steepest ascents to spectacular northern views.	Hard BCSE	Kent Lillico 0428 451 528
Sept 21	Mt. Direction	Visit the site of the historic, convict-operated signal station. Views up and down the Tamar River	Easy-Medium S	Nik Sands 0429 387 777
<i>School term break is 28 Sept to 13 Oct</i>				
Oct 10-13	Bay of Fires	[Scripture Union <i>Taking on Goliath</i> bushwalking camp – visit https://sutas.org.au/bushwalking-camps to register]		Nik Sands 0429 387 777
Oct 26	Eastern Tiers Waterfalls	Depending on energy of walkers, all or some of Meetus, Hardings and Meadstone Falls will delight the eyes!	Easy-Medium	Andrew Madden 6399 3315
Nov 2 <i>L. Weekend</i>	Three Capes ***camping	Explore the rugged coastal cliffs of Tasman Peninsula via Three Capes wilderness experience (limited spaces – fees apply)	Medium DLMS	Ian Waterhouse 6327 1371
Nov 8 (Fri.)	Planning	<i>Meeting to plan 2020 walks program</i>		
Nov 23	Lake Explorer	The alpine plateau south of Lake Mackenzie features beautiful rivers, lakes and valleys. Close to Forty Lakes Pk	Medium BEM	Phil Dawson (AH) 6382 3561
Dec 7	Mt. Maurice	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Medium S	Andrew Madden 6399 3315
<i>School holidays from 20 Dec</i>				
Dec 28	TBA	Medium alpine walk – destination and leader TBA <i>Check website for updated details.</i>	TBA	

This list of walks can also be found on our website: www.sutas.org.au (click on Bush Walking)
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- | | |
|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| B Boulder field – walkers need to be able to confidently step from rock to rock. | E Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below. |
| C Climbing sections using rocks and vegetation as hand holds. | L A long day's walk – in excess of 3 hours each way. |
| D Drive distance requires early departure – usually 7:30 am | M Marshy or muddy sections – be prepared to walk with wet feet. |
| | S Steep incline for at least part of the way |

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk. Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".



“Love the bush and praise its Creator”



Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.

If you are a regular Boots N' All walker, please consider making a donation!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402) or one of the leaders listed on the walks calendar.

- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * *** For walks designated as “camping”: Please contact walk leader 1 week in advance if intending to camp.

Preparation, Equipment, Food and Safety

- * **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * **Risk Assessment:** It is the responsibility of the walk leader to inform you of particular risks associated with the walk he or she is leading. The general risks of bushwalking are outlined in the next paragraph, but occasionally there are risks specific to the walk. We will do our best to include these in the walk description on the website and invitation emails. **Please do not be offended if the walk leader decides that a walk is too risky for you, or if a walk has to be cancelled due to increased risk associated with weather, track closure etc.**
- * **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated “Easy” or “Family”.**
- * **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including “snack food” can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * **Clothing** suggestions for exposed conditions are :-
 - Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your “keep dry” items in another plastic bag inside the liner bag.
 - Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- * **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.

“Scroggin”, a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some “high energy” confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Electrolyte replacement drinks may be helpful for some people.
- * **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- * **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.