



# Boots'n'All 2012



An activity of Scripture Union Tasmania ..... Tasmanian wilderness hiking with a difference!

Date	Location	Description	Rating	Contact Leader
Jan 14	Lady Lake	Alpine lakes and plateau views just east of Lake Mackenzie. Visit Lady Lake hut.	Medium EMS	Brian Roach 6344 7672
Jan 28	Stacks Bluff	Part of the huge Ben Lomond Plateau, this spectacular prominence gives expansive views over much of the state.	Medium-Hard BCDELMS	Basil Tkaczuk 6331 1155
Feb 11	Bay of Fires	Walk through this isolated coastal track, recognised worldwide as one of Tasmania's most beautiful places.	Medium DL	Terry Heier 6393 6671
Feb 25	Mt Bischoff & Philosopher Falls	Once a world-famous tin mine, Mt. Bischoff and falls are close to Waratah in the rugged west.(with Horrie Betts)	Medium DS	John Potts 0418 576011
Mar 10	Lake Fanny *** camping	West across the central plateau from Lake Augusta into the wilderness of the Walls of Jerusalem area.	Medium DELM	Ian Waterhouse 6327 1371
Mar 17	Mt. Barrow Falls	On the slopes of Mt. Barrow, and not particularly well known but worth seeing.	Easy-Medium S	Andrew Madden 6399 3315
Mar 31	Syd's & Western Creek Tracks	Western Tiers circuit by Mt. Ironstone – lunch near Whiteley's Hut. Exposed alpine areas.	Medium BEMS	Phil Dawson 6382 3561
Apr 14	Clumner Bluff	Prominent landmark in the Walls of Jerusalem – southern approach from the Fish River.	Medium-Hard BDELMS	Kent Lillico 6425 2023
Apr 28 (7am start)	Cradle Fagus Time	Experience the unique beauty of the "fagus" in full autumn colour in the spectacular surrounds of Cradle Mountain	Medium DEMS	Phil Dawson 6382 3561
May 12	Warner's Track	A different approach to the Projection Bluff- Pine Lake area	Medium EMS	Ian Waterhouse 6327 1371
May 26	Devon Mine & Dove River	Down to the Dove River from Daisy Dell area – an interesting old mine in the Cradle area	Easy-Medium DMS	Graham Alexander 6423 6681
Jun 9	St. Paul's Dome	A prominent peak near Avoca. Some scrub-bashing & rock scrambling!	Medium BDS	Peter Davies 6344 8235
Jun 23	Mt. Montgomery	The northern-most peak in the Dial Range. Close to Penguin. Expansive views	Easy-Medium DS	John Tabor 6428 6512
Jul 7	Mt. Housetop & Mt. Loyetea	Two "Abelettes" in the vicinity of Leven Canyon, with a waterfall thrown in for good measure.	Easy-Medium DS	Kent Lillico 6425 2023
Jul 21	Visuals Evening	Past glories, future challenges – a pleasant evening of slides, photos and interesting people	Very easy & relaxing!	Basil Tkaczuk 6331 1155
Jul 22 (Sunday)	Mt. Direction (afternoon)	Visit the site of the historic, convict-operated signal station. Views up and down the Tamar River	Easy-Medium S	Basil Tkaczuk 6331 1155
Aug 4	Point Vision	Circuit walk from Bakers Beach with great coastal views.	Medium S	John Tabor 6428 6512
Aug 18	Brid River Track	A relaxing walk on a new track at Bridport. Enjoy a break at the seaside.	Easy	Chris Langerak 6330 2131
Sep 8	St. Valentine's Peak	A conical peak with extensive views of the north-west.	Medium DES	Graham Alexander 6423 6681
Sep 22	Dove Canyon Circuit	From Pencil Pine explore waterfalls, Pine Creek & Dove River confluence and view the canyon from above.	Easy-Medium CDEMS	Kris Bezemer 0427 367641
Oct 6	Evercreech Res. / Mathinna Falls	See the <i>White Knights</i> – spectacular tall gum trees on this North-East reserve. Family day & BYO Barbecue	Easy	Andrew Madden 6399 3315
Oct 20	Tent Tarn ***camping	Explore the Cathedral Mountain plateau via Grail Falls and Chalice Lake.	Hard DELMS	Peter Davies 6344 8235
Nov 3	Tarn of Islands ***camping	Beautiful location on Mt. Oakleigh accessed from Arm River track. Views to Lake Ayr & O/land track.	Medium DELMS	Chris Langerak 6330 2131
Nov 9	Planning	Meeting to plan 2013 walks program	Tricky! "S"	See leaders below
Nov 17	February Plains -Basil Steers Hut	Visit interesting old huts and explore this high alpine forest near Lake Rowallan without over-exerting yourself!	Easy-Medium DE	Phil Dawson 6382 3561
Dec 8	Mt. Scott	In region of Mt. Barrow. Views of the north east forests and out to the coast. Waratah and wild flowers in season!	Easy-Medium S	Andrew Madden 6399 3315
Dec 29	Old Bill's Monument	Work off that Christmas cheer and explore the interesting rock formations of the NW corner of Ben Lomond.	Medium BES	Brian Roach 6344 7672

This list of walks can also be found on our website: [www.sutas.org.au](http://www.sutas.org.au) (click on *Camps & Programs* to find Bush Walking)  
If publishing details of these walks, please make sure you include this key for any letter rating for that walk.

- B** Boulder field – walkers need to be able to confidently step from rock to rock.
- C** Climbing sections using rocks and vegetation as hand holds.
- D** Drive distance requires early departure – usually 7:30 am
- E** Exposed alpine conditions – can be dangerous in poor weather if not fully equipped – see below.
- L** A long day's walk – in excess of 3 hours each way.
- M** Marshy or muddy sections – be prepared to walk with wet feet.
- S** Steep incline for at least part of the way

Bush walking can involve an element of danger. All who participate in Boots'n'All activities do so at their own risk.  
Intending walkers new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".



## ***"Love the bush and praise its Creator"***



**Boots'n'All activities are open to all, but intending walkers are asked to contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment.**

**If you are a regular Boots N' All walker, please consider making a donation!**

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

*Boots'n' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. We would be pleased if you could tell others of these walks. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664402)** or one of the leaders listed on the walks calendar.*

**Additional telephone numbers (mobiles etc):** Phil Dawson **mob. 0417527511**  
John Potts **0418 576 011** Ian Waterhouse **mob. 0428242693** Graham Alexander **mob. 0407 436556**

- \* Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- \* For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- \* \*\*\* For walks designated as "camping": Please contact walk leader 1 week in advance if intending to camp.

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### **Preparation, Equipment, Food and Safety**

- \* **Contact the Walk Leader before hand** as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- \* **Late arrival** at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- \* **Is this the Right Walk for You?** Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? **Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".**
- \* **Make sure you are well equipped.** Proper **clothing** and adequate **food**, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- \* **Clothing** suggestions for exposed conditions are :-  
**Essential:** Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are unsuitable in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen block-out. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.  
**Optional:** A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.
- \* **Food Suggestions:** The best advice is to **eat well before you start** (a good wholesome breakfast) and to have **frequent snacks** during the walk.  
"Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- \* **Drink:** Most walks have creeks or tarns along the way but sometimes these take a while to reach so it is advisable to carry a water bottle (**min. 500 ml.**) with you. Energy drinks such as Tang, Staminade, Powerade, etc. can be helpful.
- \* **Stay together:** Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.
- \* **If you get lost** or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.