

Boots n'All 2024

An activity of Scripture Union Tasmania -Tasmanian wilderness hiking with a difference!



Colour code for region: South East Central North Northwest West

Date			ble from your area)	
	Location	Description	Rating	Contact Leader
Jan 6	Bastion Bluff	Up Syds Track from Western Creek, and south to a high point with	Medium +	Basil Tkaczuk
		spectacular views over the upper Meander Valley.	BELMS	6331 1155
Jan 13	Frome Falls	Visit these little-known falls SE of Moorina, and close to another	Medium	Peter Davies
		part of the historic Blue Tiers tin mining area. Note change of date	D	0414 516 268
an 13-14	Cathedral Mt & Chalice Lake (camping)	Camping trip to plateau between Chalice Lake and Cathedral Mountain, and visit various peaks along the rim of the plateau – CANCELLED	Medium D-S-L-E	Nik Sands 0429 387 777
lan 17	Hazards Traverse	Sleepy Bay to Mt. Amos. Including Mts Parsons, Baudin, Dove.	Hard	Kent Lillico
Jan 17	at Freycinet	(yes, a rare midweek walk – summer holidays!) Postpopned - poor forecast	BCDLS	0428 451 528
(Wed.)	McDowall Hill	Explore a hill with views over the many lakes and fishing spots south	Easy - Medium	Basil Tkaczuk
Jan 27 Feb 4		of Lake Augusta. Note change of destination – access concerns	-	
	Colored Course		E Familie	6331 1155
	Cataract Gorge	"Walk this Way" Family Fun Walk – always lots for children to	Easy - Family	Daniel Hutchison
		explore, and a couple of fun playgrounds		0457 765 907
Feb 10	Mt Housetop & Mt	Two peakbagger points above beautiful countryside south of	Easy-Medium	Darren Wunder
	Riana	Penguin - short and steep, so very do-able.	S	0438 557 046
Feb 24	Cathcart Bluff	Follow the escarpment from the top of Poatina Hwy, then through	Medium	Phil Andrew
		forest to a peak near Great Lake overlooking Poatina. Views ++	BCES	0408 014 757
Mar 3	Hoblers Bridge	"Walk this Way" Family Fun Walk – trails along the North Esk River	Easy - Family	Daniel Hutchison
	Reserve	Walkers are invited to participate in Clean Up Australia Day		0457 765 907
Mar 9-11	Walled Mountain	Rising above the Labyrinth in the Pine Valley area in the heart of the	Medium	Hannah Waterhouse
.Weekend	(camping)	spectacular WHA, cost of ferry means that you will need to express	DSLE	0427 026 233
		interest by 29th Feb . to confirm that trip can go ahead.		-
Mar 23	Mt Murchison	Prominent peak dominating the skyline west of the World Heritage	Medium-hard	Darren Wunder
1101 23	circuit	area. A spectacular alpine wilderness walk!	BCDELS	0438 557 046
Mar 31	Jii duit	Easter weekend 29/3 to 1/4 then school term break 13/4 to 28/4	505225	5155557 040
Apr 13	Rattler Range	Explore beautiful northeast creeks and forest as we traverse the	Medium	Phil Andrew
		southern part of this range near Ralphs Falls.	DMS	0408 014 757
Apr 27	Fagus Walk	Experience the unique beauty of the "fagus" in full autumn colour,	Medium +	Philip Dawson email
Apr 27	. agas waik	either Cradle area or Grail Falls depending on forecasts.	inculuit f	pidasms@gmail.com or pl
				6382 3561 after 6:30 pm
May 11	Mt. Beecroft	South-west from the Vale of Belvoir, with spectacular views to	DESM	Grace Hillman
		Cradle Mt. Return via Rocky Mountain.		0490 840 866
May 25	Coast to Coast	Join in this year's version of the Coast to Coast challenge. See Coast	Your choice of	
-		to Coast Challenge for details.	difficulty	
& 26			•	
May 25	Point Vision	Note: destination changed due to closure of Plateau for deer cull during May.	Medium	John Tabor
***		Instead of visiting Lake Lucy Long, the walk will be Point Vision, a	ELMS	0475 566 389
		circuit walk from Bakers Beach with great coastal views		
Jun 2	West Tamar	"Walk this Way" Family Fun Walk – the Tailrace park and playground	Easy - Family	Daniel Hutchison
	Circuit	have some great tracks to stretch the legs.		0457 765 907
Jun 8	Maria Island	Escape across the beautiful Mercury Passage for a winter holiday	Easy or	Hannah Waterhouse
L.Weekend	(camping)	weekend on Tasmania's glorious east coast. Choose your activities!	Medium	0427 026 233
		Please contact Hannah by Tuesday 4th June. Register online	(choices)	
Jun 22	Duck Reach and	Explore the extensive bushland tracks and unexpected views right	Easy-Medium	John Potts
	Gorge Bushland	within our city limits.	s	0418 576 011
		school term break	-	
Jul 13	Bastion Cascades	Explore the forests and spectacular waterfalls. Circuit includes		Phil Dawson email
Jui 13			Medium	Phil Dawson email
			Medium S	pidasms@gmail.com or ph
		Hidden Falls and the "Stone Hut"	S	
Jul 27	Visuals Evening	Hidden Falls and the "Stone Hut" Past glories, future challenges – a pleasant evening of photos,	S Very easy &	pidasms@gmail.com or pl 6382 3561 after 6:30 pm Basil Tkaczuk
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Dec 7	Copper Cove	Baker's Beach area. Coastal heights and heathlands to lovely secluded beach suitable for swimming, fishing etc.	Easy-Medium	Grace Hillman 0490 840 866
		School Christmas holidays		
Dec 27 (Friday)	Destination TBC	We usually aim for the wide-open spaces and wildflowers of the alpine plateaux to walk off the Christmas cheer.	Medium	

This list of walks can also be found on our website: https://bootsnall.sutas.org.au

If publishing details of these walks, please make sure you include the rating key (overleaf) for any letter rating for that walk.

Key to Walk Ratings

- B Boulder field walkers need to be able to confidently step from rock to rock.
 - **C** Climbing sections using rocks and vegetation as hand holds.
 - D Drive distance requires early departure usually 7:30 am
- E Exposed alpine conditions can be dangerous in poor weather if not fully equipped see below.
- A long day's walk in excess of 3 hours each way.
 Marshy or muddy sections be prepared to walk with wet feet
- **S** Steep incline for at least part of the way

Boots N' All activities are open to all, but intending walkers, must contact the Trip Leader prior to the day of the walk (before 9.00 pm please) to discuss experience, fitness & equipment. Intending walkers new to Boots N' All <u>must</u> contact the leader personally unless the walk is rated "Easy" or "Family". Bush walking can involve an element of danger. All who participate in Boots N' All activities do so at their own risk.

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- * Day trips are generally free, but it is expected that transport costs will be shared by passengers.
- * For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * For walks designated as "camping": Please contact walk leader 4-5 days in advance if intending to camp.

Boots N' All was established by Scripture Union Tasmania in 1981 and offers people of all ages and abilities in Northern Tasmania opportunities to share together in a range of outdoor activities led by experienced Christian walkers. Subject to safety and equipment requirements, activities are open to all. If you know of a friend who would like to receive a program, or if unable to contact the listed trip leader, or if you have any other inquiries, please contact: **Basil Tkaczuk ph. 6331 1155 (mob. 0438 664 402)** or one of the leaders listed on the walks calendar.



If you are a regular Boots N' All walker, please consider making a donation to Scripture Union Tasmania!

Scripture Union Tasmania has extensive programs aimed at helping children and young people find positive direction in life, including a considerable number of school chaplaincies. Your tax-deductible donation will help this vital work. Alternatively, you can make a donation towards the insurance costs of Boots N' All. Either way, a donation form can be printed from the bush walking page of the website (above).

Preparation, Equipment, Food and Safety

- * Contact the Walk Leader beforehand as trips may be subject to change and details may be incomplete. The walk leader will require name, address and emergency contact (eg next of kin) for all intending walkers as well as details of existing medical conditions and medication in case of emergency. Do NOT bring along people without notifying the leader in advance of each intended walker (except for easy/family walks). For safety reasons children under 12 years of age must be accompanied by a responsible adult.
- * Late arrival at the agreed meeting place could result in you being left behind, and a delayed departure can put pressure on walkers which may result in the walk finishing in the dark.
- * Risk Assessment: It is the responsibility of the walk leader to inform you of particular risks associated with the walk he or she is leading. The general risks of bushwalking are outlined in the next paragraph, but occasionally there are risks specific to the walk. We will do our best to include these in the walk description on the website and invitation emails. Please do not be offended if the walk leader decides that a walk is too risky for you, or if a walk has to be cancelled due to increased risk associated with weather, track closure etc.
- Is this the Right Walk for You? Occasionally, people have come along for walks totally beyond their endurance and equipment, because they have mistakenly believed that their previous experience has been sufficient. If the walk is rated as medium or hard, check with the walk leader about what sort of experience is necessary. At times, walkers have faced bitter cold, driving rain and snow, exposed situations, long distances, steep climbs, long stretches of deep mud, tracks awash with 10-20 cm of icy water, and scrambling over huge, slippery boulders. Are these possible on the walk you are considering? Have you walked under those conditions before? Your lack of preparedness to cope with extreme conditions could endanger both yourself and others who must stay with you. Intending walkers who are new to Boots N' All must contact the leader personally unless the walk is rated "Easy" or "Family".
- * Make sure you are well equipped. Proper clothing and adequate food, including "snack food" can make the difference between a safe and comfortable walk and one which at the least could be very stressful and at the worst potentially dangerous for both yourself and others in the party.
- * Clothing suggestions for exposed conditions are :-

Essential: Waterproof rain jacket with hood, warm woollen or thermal clothing, warm trousers (cotton trousers are <u>unsuitable</u> in wet cold conditions) gloves or mittens (a spare pair of socks are a useful substitute for mittens) and a warm hat or beanie. Sun-hat and sun-screen blockout. Comfortable, durable (worn in) footwear. Day pack (or larger) on mountain walks; a school type pack is adequate for shorter trips but check the seams and webbing for strength. Make sure you have a waterproof liner (plastic garbage bag) inside your pack and store your "keep dry" items in another plastic bag inside the liner bag.

Optional: A small torch and a whistle. Although the walk leader will have a map, bring your own (and a compass) if you have them, in a clear plastic bag. Waterproof overpants and gaiters are desirable.

- Food Suggestions: The best advice is to eat well before you start (a good wholesome breakfast) and to have frequent snacks during the walk. "Scroggin", a mixture of nuts and dried fruits, gives a better sustained release diet than chocolate or confectionery. Other useful snacks include oat biscuits, raisins, jelly beans, dried apricots and some "high energy" confectionery. Also cereal and protein. Fresh fruit is good but heavy to carry.
- * Drink: Most walks have creeks or tarns along the way but sometimes these can take a while to reach so it is advisable to carry a water bottle (min. 500 ml.) with you. Electrolyte replacement drinks may be helpful for some people.
- * Stay together: Younger more energetic walkers should moderate their pace to stay with the group. If you find the pace too fast, don't be afraid to get a message to the leader requesting a break and/or to reduce the pace of the party.



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"Love the bush and praise its Creator"



If you get lost or lose contact with the main party, stop and try to think calmly. Do not continue travelling until you know where you are. Use your map and compass and look for landmarks. A pattern of three sound signals (e.g. whistle blasts, yells, etc.) is a standard distress signal. Keep your pack with you at all times.